

2003 WOMEN'S DRAGONE TRACK RECORDS

EVENT	RECORD	NAME	SCHOOL	YEAR
100H	14.60	Rita Forte	Williams College	2001
100M	12.33	Valerie Ambroise	W.P.I.	2001
200M	25.21	Valerie Ambroise	W.P.I.	2001
400H	1:03.49	Kristen Paquette	Williams College	1997
400M	57.85	Karel Charles	Brandeis University	2001
800M	2:13.62	Sarah Deeb	Tufts University	2001
1500M	4:38.63	Erin Sullivan	Mt.Mansfield HS	1998
3000M	10:08.70	Mary Proulx	Keene State	2001
5000M	17:39.79	Michela Adrian	Middlebury College	2000
10000M	36:48.33	Heather Swarts	Cortland State	1996
4X100	48.64	Schlegel, Horne, Barrett, Flateman	Wesleyan University	2001
4X400	3:56.26	Samuel, Doody, Shank, Rearick	Williams College	2001
4X800	9:31.13	runners not available	Williams College	1997
3000ST	11:51.11	Mary Nodine	Tufts University	2001
Heptath.	4220 points	Melissa Purdy	Williams College	2001
Hammer	164'	Brenda Start	Williams College	1997
Shot Put	44'4.25"	Henly Thompson	Williams College	2001
Discus	135'6"	Diane Williams	Williams College	2001
Javelin	140'5"	Elissa Burnell	unattached	2003
Long Jump	17'5"	Rita Forte	Williams College	2001
Triple Jump	37'3.75"	Nadine Forrester	Wesleyan University	1997
High Jump	5'7"	Kristy Laramée	Middlebury College	1999
Pole Vault	11'7"	Alissa White	Middlebury College	1997